

Date _____

Client Name _____

Therapist _____

FAMILY RELATIONSHIP DEVELOPMENTAL INTERVIEW:

These questions are designed to help us assess the relationship styles of your family. We are interested in understanding how members of your family (present and past) experience closeness and separation. These experiences will help us formulate a treatment plan that will help you understand and solve the relationship problems you are currently distressed with in your family.

1. Please describe your childhood? (Give specific memories)

2. What kind of baby were you? What are family stories about you as a baby?

*****Please give concrete/specific examples of each adjective in the next three questions:**

3. What are five adjectives that would describe your mom?

4. What are five adjectives that would describe your dad?

5. What are five adjectives that would describe your child/spouse/self?

6. Who were the significant people who took care of you as a child? (Attachment figures)

7. Describe separations and reunions with these important figures? (Give specific examples of memories of you as a child)

8. What would happen when you were sick or hurt?

9. Describe your favorite birthday?

10. Describe your parents relationship:

11. Describe your current marital/friends relationship:

12. Describe your relationship with your child/mom/dad:

13. Describe specific memories of the following developmental milestones:

crawling

family losses

walking

illness

smiling

child care

tantrums

family births

training

sleeping

eating

school